



# Croydon Hills Primary Canteen Menu **Effective February 2019**

## SANDWICHES ~ wholemeal bread only ~

|  |        |
|--|--------|
| ● White Rolls.....add extra                                      | \$0.50 |
| ● Salad extras.....add extra                                     | \$0.40 |
| ● Slice of Cheese.....add extra                                  | \$0.50 |
| ● Mayo.....add extra   | \$0.20 |
| 😊 Cheese.....  | \$2.20 |
| 😊 Cheese & Tomato.....   | \$2.60 |
| 😊 Cheese & Vegemite.....   | \$2.60 |
| 😊 Egg.....   | \$3.00 |
| 😊 Egg & Lettuce.....   | \$3.40 |
| 😊 Ham.....   | \$3.00 |
| 😊 Ham & Cheese.....  | \$3.40 |
| 😊 Ham, Cheese & Tomato.....                                      | \$3.80 |
| 😊 Ham & Salad.....   | \$4.50 |
| 😊 Roast Chicken.....   | \$3.20 |
| 😊 Roast Chicken, Lettuce & Mayo.....                             | \$3.80 |
| 😊 Salad.....   | \$4.00 |
| 😊 Vegemite.....  | \$2.00 |
| <b>Salad = Lettuce, Tomato, Carrot, Beetroot &amp; Cucumber.</b> |        |

## TOASTED SANDWICHES ~ wholemeal bread only ~

|  |        |
|--|--------|
| 😊 Baked Beans or Spaghetti.....          | \$2.60 |
| 😊 Cheese.....                            | \$2.40 |
| 😊 Cheese & Tomato.....                   | \$2.80 |
| 😊 Ham.....                               | \$3.20 |
| 😊 Ham & Cheese.....                      | \$3.60 |
| 😊 Ham, Cheese & Pineapple.....           | \$4.00 |
| 😊 Ham, Cheese & Tomato.....              | \$4.00 |
| 😊 Roast Chicken, Cheese & Pineapple..... | \$4.20 |

## 😊 GREEN - Everyday Foods

## ☹️ AMBER - Select Carefully Foods

## WRAPS

|   |        |
|---|--------|
| 😊 <b>Caesar Wrap</b> .....                                  | \$5.00 |
| - Cos Lett, Bacon, Parmesan & Dressing                      |        |
| 😊 <b>Chicken Caesar Wrap</b> .....                          | \$6.00 |
| - Chicken, Cos Lett, Bacon, Parm. Cheese & Caesar Dressing. |        |
| 😊 <b>Tasty Tuna</b> .....                                   | \$5.00 |
| -Tuna, Lettuce, Tomato & Mayo.                              |        |
| 😊 <b>Healthy Ham &amp; Salad</b> .....                      | \$5.50 |
| - Ham, Lettuce, Tomato, Carrot, Beetroot & Cucumber.        |        |

## SALADS

|  |        |
|--|--------|
| <b>NOT AVAILABLE ON FRIDAYS</b>  |        |
| 😊 <b>Salad Pack</b> .....  | \$5.50 |
| Ham, Chick or Tuna with Lett, Cheese, Tomato, Cucumber, Carrot & Beetroot. |        |
| 😊 <b>Caesar Salad</b> .....  | \$6.00 |
| Cos Lettuce, Tomato, Bacon, Egg, Croutons & Parmesan Cheese.               |        |
| 😊 <b>Chicken Caesar Salad</b> .....  | \$7.00 |
| Caesar salad with Roast Chicken pieces.                                    |        |

## HEALTHY HAMBURGERS

|  |        |
|--|--------|
| 😊 <b>Beef Burger</b> .....   | \$5.00 |
| Lite Beef burger with Lett, tom & tomato sauce sachet. . Cheese optional, add 50c. |        |
| ☹️ <b>Cheeseburger</b> .....   | \$4.50 |
| Lite Beef burger served in a soft roll with cheese & tomato sauce sachet.          |        |
| 😊 <b>Chicken Burger</b> .....  | \$4.50 |
| Chicken burger with lett & mayo. Cheese optional, add 50c extra.                   |        |

## ★ TOMATO SAUCE PORTIONS...\$0.30 ★

## HOT FOOD

|                                       |        |
|---------------------------------------|--------|
| ☹️ Chicken Nuggets (5 in a bag).....  | \$3.50 |
| 😊 Corn on the Cob.....                | \$0.90 |
| ☹️ Hot Dog.....                       | \$3.50 |
| ☹️ Hot Dog with Cheese.....           | \$4.00 |
| 😊 Lasagna or Spag.Bolognese.....      | \$4.50 |
| ☹️ Mrs Mac's Meat Pie.....            | \$4.20 |
| ☹️ Jumbo Sausage Roll.....            | \$4.50 |
| ☹️ Party Pie.....                     | \$1.50 |
| 😊 Pizza-Hawaiian or Margarita.....    | \$3.80 |
| ☹️ Party Sausage Roll (homemade)..... | \$1.50 |

## CHPS FAVOURITES

|  |        |
|--|--------|
| 😊 <b>Baked Potato</b>  |        |
| Cheese, coleslaw & sour cream.....                               | \$4.50 |
| with Bacon add.....  | \$1.00 |
| ☹️ <b>Chicken Sub</b> .....                                      | \$5.00 |
| Sweet chilli tenders with lettuce , tomato & sweet chilli sauce. |        |
| ☹️ <b>Yummy Drummy Chicken Roll</b> .....                        | \$5.00 |
| Yummy Drummy Chicken pieces with lettuce, cheese & mayo.         |        |

## GLUTEN FREE

|   |        |
|---|--------|
| ☹️ Mrs Mac's Beef Pie.....              | \$4.50 |
| ☹️ Gluten Free Chicken Nuggets (5)..... | \$4.00 |
| 😊 Cheese Toasted Sandwich.....          | \$3.20 |
| 😊 Ham & Cheese Toasted Sand.....        | \$4.20 |
| 😊 Gluten free Beef Lasagna.....         | \$4.50 |
| ☹️ GF Honey Joy.....                    | \$0.80 |
| ☹️ GF Banana Bread.....                 | \$2.50 |

## SAVOURY SNACKS

|  |        |
|--|--------|
| 😊 Buttered Popcorn.....                  | \$1.20 |
| ☹️ Cornitos Tangy Cheese.....            | \$1.00 |
| ☹️ Chips - Honey Soy or Sea Salt.....    | \$1.30 |
| ☹️ Grainwaves - Sour Cream & Chives..... | \$1.30 |
| ☹️ JJ's Chicken Snacks.....              | \$1.30 |
| ☹️ Potato Stix - Chicken.....            | \$1.20 |
| 😊 Vegechips - BBQ Cheese.....            | \$1.30 |

## SWEET TREATS

|                                       |        |
|---------------------------------------|--------|
| 😊 Anzac Cookie.....                   | \$0.50 |
| 😊 Gingerbread Man.....                | \$1.50 |
| 😊 Homemade Banana Bread.....          | \$2.00 |
| 😊 Homemade Cookies.....               | \$0.40 |
| 😊 Honey Joy.....                      | \$0.60 |
| 😊 Mega Choc Cookie (max.1 ).....      | \$1.00 |
| 😊 Mega White Choc Cookie (max.1)..... | \$1.00 |
| 😊 Mini Muffins.....                   | \$0.40 |

## HEALTHY CHOICE SNACKS

|                      |        |
|----------------------|--------|
| 😊 Apple Slinky.....  | \$1.00 |
| 😊 Banana.....        | \$1.00 |
| 😊 Boiled Egg.....    | \$0.70 |
| 😊 Carrot Sticks..... | \$0.70 |
| 😊 Celery Sticks..... | \$0.80 |

## DRINKS

|   |        |
|---|--------|
| ☹️ GLEE - 99% sparkling fruit juice                       |        |
| Blackcurrant, Grape, Raspberry, Tropical.....             | \$2.00 |
| 😊 Juice Box -   |        |
| Apple or Orange.....                                      | \$1.50 |
| 😊 Oak Lite Flavoured Milk -                               |        |
| Choc or Straw.....  | \$1.50 |
| ☹️ Quench Mineral Water - Cola, Apple/Rasp or Orange..... | \$1.50 |
| 😊 Bottled Water.....                                      | \$1.00 |

## FROZEN TREATS

|  |        |
|--|--------|
| ☹️ Coconut Juices.....                   | \$1.20 |
| 😊 Frozen Pineapple Rings.....            | \$0.60 |
| ☹️ Fruit Slushy.....                     | \$1.50 |
| ☹️ Icpole Tube (100% Juice).....         | \$0.60 |
| ☹️ Juices.....                           | \$1.20 |
| 😊 Mini Calippo (rasp/pine).....          | \$1.00 |
| ☹️ Moosie (frozen flavoured milk).....   | \$1.20 |
| ☹️ Paddle Pop - Choc or Rainbow.....     | \$1.60 |
| 😊 Yoghurt Tub- Rasp, Mango or Straw..... | \$2.00 |

Lunch catered for by order only, please write your child's name, class and order on a paper bag and place money inside (please do not use staples or sticky tape). Please include 10c if you do not have a bag and one will be provided. All frozen items and Apple slinky's need to be collected from the canteen at lunchtime with your stamped lunch bag.

