# EXCURSION/INCURSION/EXTRA-CURRICULAR ACTIVITIES POLICY

Under the Education and Care Services National Regulations the approved provider must ensure policies and procedures are in place for managing excursions (Reg. 168) and take reasonable steps to ensure policies and procedures are followed.

Excursions/incursions/extra-curricular activities enhance children's learning by providing them the opportunity to participate in curriculum planned activities and experiences to extend on their skills and knowledge in the current interest topic. Our OSHC Service recognises that excursions provide opportunities for children to explore the wider community as a group and extend on the educational program provided.

# NATIONAL QUALITY STANDARD (NQS)

QUALITY AREA 4: STAFFING ARRANGEMENTS					
2.2	Safety	At all times, reasonable precautions and adequate supervision ensure children are protected from harm and hazard.			
2.2.1	Supervision	Plans to effectively manage incidents and emergencies are developed in consultation with relevant authorities, practiced and implemented.			
2.2.2	Incident and emergency management	At all times, reasonable precautions and adequate supervision ensure children are protected from harm and hazard.			

EDUCATION AND CARE SERVICES NATIONAL LAW AND NATIONAL REGULATIONS			
Sec. 51(4A)	Conditions of service approval- ensure number of children educated and cared for by the service at any one time does not exceed the maximum number of children specified in the service approval		
Sec.165	Offence to inadequately supervise children		
Sec.167	Offence relating to protection of children from harm and hazards		
4 (1)	Definition regular outing		
89	First Aid Kits		
90	Medical conditions policy		
97	Emergency and evacuation procedures		
98	Telephone or other communication equipment		
99	Children leaving the education and care service premises		
100	Risk assessment must be conducted before excursion		
101	Conduct of risk assessment for excursion		



102	Authorisation for excursion		
102B	Transport risk assessment must be conducted before service transports child		
102C	Conduct of risk assessment for transporting of children by the education and care service		
102D	Authorisation for service to transport children		
102E	Children embarking a means of transport – centre-based services		
102ZF	Children disembarking a means of transport – centre-based services		
122	Educators must be working directly with children to be included in ratios		
123	Educator to child ratios-centre-based services		
136	First Aid qualifications		
149	Volunteers and students		
151	Record of educators working directly with children		
158	Children's attendance record to be kept by approved provider		
160	Child enrolment records to be kept by approved provider and family day care educator		
161	Authorisations to be kept in enrolment record		
168	Policies and procedures are required		
170	Policies and procedures to be followed		
Sec. 51(4A)	Conditions of service approval- ensure number of children educated and cared for by the service at any one time does not exceed the maximum number of children specified in the service approval		
Sec.165	Offence to inadequately supervise children		
Sec.167	Offence relating to protection of children from harm and hazards		
171	Policies and procedures to be kept available		
172	Notification of change to policies or procedures		

# **RELATED POLICIES**

	Family Communication Policy	
Acceptance and Refusal of Authorisations Policy	Incident, Incident, Trauma and Illness Policy	
Administration of Medication Policy	Interaction with Children, Family and Staff Policy	
Administration of First Aid Policy	Medical Conditions Policy	
Child Safe Environment Policy	Privacy and Confidentiality Policy	
Code of Conduct Policy	Respect for Children Policy	
Delivery of Children to, and Collection from and	Safe Transportation Policy	
Education and Care Service Premises	Safe Use of Digital Technologies and Online	
Educational Program Policy	Environments	
Emergency and Evacuation Policy	Sun Safety Policy	
	Supervision Policy	



Water Safety Policy	

# **PURPOSE**

To ensure that all excursions and incursions undertaken by the Outside School Hours Care Service are planned and conducted in a safe manner, maintaining children's health, safety and wellbeing at all times in accordance with Education and Care National Regulations. We believe excursions/incursions provide the children with the opportunity to expand and enhance their skills and knowledge gaining insight into their local and the wider community. We are committed to complying with all relevant regulations to support the planning, authorisation, supervision and risk management of all excursions and incursions. This includes ensuring the safe use of digital technologies and online environments during excursions and incursions, in line with our policies to protect children's privacy, safety and wellbeing.

## **SCOPE**

This policy applies to children, families, educators, staff, management, approved provider, nominated supervisor, students, volunteers and visitors of the OSHC Service.

### **IMPLEMENTATION**

Excursions and incursions will be conducted with the children's safety and wellbeing in mind at all times. We may regularly schedule incursions and visitors to our OSHC Service however, if we feel an excursion will benefit the children and offer a valuable experience, we will adhere to the National Regulations and Service policies and procedures to plan and manage an experience that is enjoyable for children. This policy relates to excursions that may be a 'regular outing' or a one-off excursion for a particular purpose and incursions, where visiting performers, groups or community services may visit our OSHC Service.

Children who are enrolled in our OSHC Service may participate in extra-curricular activities that are organised separately from our OSHC. Our OSHC will support children to participate in extra-curricular activities located within school grounds.

**DEFINITIONS** (Effective 1 October 2020)



Excursion: means an outing organised by an education and care service or family day care educator but does not include an outing organsied by an education and care service provided on a school site if(a) a child or children leave the education and care service premises in the company of an educator and
(b) the child or children do not leave the school site.

**Extra-Curricular Activities**: means an activity organised separately from the OSHC Service that children may attend during OSHC operating hours. Examples include music lessons, dance class, netball/sport **Regular outing**: in relation to an education and care service, means a walk, drive or trip to and from a destination

- (a) that the service visits regularly as part of its educational program; and
- (b) where the circumstances relevant to the risk assessment are *substantially* the same on each.

  Incursion: means an activity organised by our Service, whereby an outside body is employed or engaged to visit the service to run an educational program and to promote culture and diversity. This could include a visit from the Rural Fire Service, an Aboriginal Cultural awareness group, science or reptile show or a musical or drama performance. Some incursions may be offered free of charge whilst others may incur a small participation cost.

# CONSIDERATIONS FOR EXCURSIONS AND INCURSIONS

The purpose of the excursion should be clearly identified by staff providing information on how the excursion or incursion supports the educational program and contributes to the outcomes for children. Excursions/incursions should be planned in advance and consideration given to the:

- time away from the OSHC service
- availability of toilet and washing facilities
- access to safe drinking water
- adequate health and hygiene practices
- possible risk to children (identified in risk assessment)
- accessibility for all children
- transportation
- cost
- weather- wet weather arrangements
- teaching children safety procedures and responsibilities whilst on an excursion
- communication with parents and families
- Risk Assessment documentation provided by the excursion venue
- safety and wellbeing of children whilst at the OSHC service whilst participating in an incursion (identified in risk assessment)
- communication between educators participating in the excursion and the Service
- adequate shade and sun protection



- transitions between areas of the venue
- water hazards.

# **EXCURSION/INCURSION RISK ASSESSMENT**

The Approved Provider or Nominated Supervisor must conduct a risk assessment which reflects regulation 101 before an authorisation is scheduled under regulation 102 to determine the safety and appropriateness of the excursion/incursion. If the excursion involves transporting children, the risk assessment must adhere to **all** components of regulations 101, 102, 102B, 102C

# THE APPROVED PROVIDER/NOMINATED SUPERVISOR/MANAGER WILL ENSURE:

- obligations under the Education and Care Services National Law and National Regulations are met
- educators, staff, students, visitors and volunteers have knowledge of and adhere to this policy and procedure
- all new employees, students and volunteers are provided with a copy of this policy as part of their induction process
- an Excursion/Incursion Risk Assessment is developed prior to any excursion or incursion
- a responsible person is appointed to oversee the organisation of the excursion/incursion
- the excursion coordinator is aware of their role and responsibilities, including preparing for the excursion and completing all required documentation
- risk assessments, authorisation forms and supervision plans are completed by the excursion coordinator prior to the excursion, and that these documents are reviewed and approved before the excursion takes place
- staff are provided with ongoing training and information sharing to ensure they fulfil their roles effectively
- all educators, student and volunteers participating in the excursion undertake regular head counts at least every 30 minutes (best practice)
- attendance checks are completed regularly, including prior to leaving the Service, embarking and disembarking from transport, upon arrival at the venue, transitioning between spaces whilst at the venue, leaving the venue, returning to the Service
- the excursion coordinator takes the Service mobile phone on the excursion, ensuring the mobile phone is charged and in working order
- child to educator ratios are considered in high-risk situations, such as water hazards or busy roads/highways
- child safe standards are adhered to at all times



- families are notified about the excursion using an Excursion Authorisation Form and written authorisation must be provide by a parent or other person named in the child's enrolment record
- families are notified about any incursion occurring in the service and if permission is required for participation, an *Incursion Authorisation Form* provided for parent or carer consent for their child to participate
- families have a right to view the risk assessment prior to the excursion/incursion upon request in which the Service must comply with ensuring all information is available
- all documentation and records relating to excursions are kept safe and secure for a period of 3 years
   after the date of the excursion
- the number of children attending the excursion does not exceed the Service's licensed capacity
- volunteers, students and other adults participating in the excursion are aware of their roles and responsibilities, including ensuring they are not left alone with children
- a review of practices is conducted following the excursion, including an assessment of areas for improvement

## The risk assessment must :

- identify and assess possible risks that the excursion/incursion may pose to the health, safety
   and wellbeing of any child being taken on the excursion or participating in the incursion
- o specify how the identified risks will be managed and minimised
- ensure Working with Children Checks are conducted for all adults visiting the service on incursions
- ensure the visiting group/performance is covered by insurance
- o consider the proposed route and destination for the excursion and
- o identify any water hazards
- o reflect on any risks associated with water-based activities
- o consider the transport to and from the proposed destination for the excursion
- o consider the duration of the transportation
- consider any requirements for seatbelts or safety restraints under a law for our Victorian jurisdiction
- the process for entering and exiting the education and care service premises and the pick-up location or destination (as required)
- procedures for embarking and disembarking the means of transport, including how each child is to be accounted for on embarking and disembarking
- o consider the ratio of adults to children involved in the excursion



- consider the risks posed by the excursion/incursion, the number of educators or other responsible adults required to provide supervision, and whether any adults with specialised skills are required to ensure children's safety (e.g.: lifesaving skills)
- consider the planned activities
- o determine the duration of the excursion
- o consider items that should be taken on the excursion (mobile phone, emergency contacts, first aid kit, medical plans, etc.).
- consider strategies to ensure supervision is consistent at all times during the excursiontransitions, toileting, departure from the service and conclusion of the excursion

If the excursion is a *regular excursion* or *'regular outing'* a risk assessment authorisation is only required to be carried out once in a 12-month period however must be regularly reviewed. If circumstances around the excursion change, a new risk assessment is required.

# PARENT/GUARDIAN AUTHORISATION

The Approved Provider/Nominated Supervisor must ensure:

- that a child is not taken outside the OSHC Service premises on an excursion unless written authorisation has been provided
- the authorisation must be given by a parent or other authorised person named in the child's enrolment record as having authority to authorise transportation of a child
- the excursion/incursion authorisation form must state:
  - o the child's name
  - o the reason the child is to be taken outside the premises/transported
  - o the reason the child is to be transported (if transportation is included in the excursion)
  - if the authorisation is for a regular outing, a description of when the child is to be taken on the regular outing
  - the date the child is to be taken on the excursion and transported (unless the authorisation is for a regular outing)
  - o a description of the proposed pick-up location destination for the excursion
  - the method of transport to be used for the excursion
  - o the proposed activities to be undertaken by the child during the excursion
  - o the period the child will be away from the premises
  - o the period of time during which the child is to be transported
  - o the anticipated number of children likely to be attending the excursion



- the anticipated educator to child ratio attending the excursion to the anticipated number of children attending the excursion
- the anticipated number of staff members and any other adults who will accompany and supervise the children on the excursion
- any requirements for seatbelts or safety restraints under a law of each jurisdiction in which the children are being transported
- o that a risk assessment has been prepared and is available at the Service
- o that written policies and procedures for transporting children are available at the Service
- if the excursion is a regular outing, the authorisation is only required to be obtained once in a 12-month period
- parental authorisation may be required for incursions if identified in the risk assessment or if a cost is required
- authorisations must be kept securely in the child's enrolment records.
- Children attending extra-curricular activities must complete an 'Activity Release Consent Form' prior to commencing the extra- curricular activity
- authorisation records for excursion/incursions must be kept for a period of 3 years after the
  excursion, as per reg. 183.

# STAFFING ARRANGEMENTS

The Approved Provider/Nominated Supervisor will ensure that:

- educator to child ratios is no less than the prescribed ratios as per National Regulations
- adequate supervision is provided for children and the educator to child ratio for school age care is always maintained as per National Regulations
- consideration for ratios include:
- o location of excursion
- o type of excursion
- o risk identified for excursion
- o the number, ages and abilities of children
- o individual needs of each child
- o how children are grouped whilst participating in the excursion
- consideration for adequate supervision includes:
  - o the number, age and ability of children
  - o the number and physical positioning of educators
  - each child's current activity



- o risks related to the mode of transport (for example: walking)
- o visibility and accessibility
- o the experience and skill of each educator
- additional educators/staff are engaged to provide care and support to children with additional needs
- educators are aware of their responsibility to provide supervision to other responsible adults or volunteers assisting on the excursion
- educators are aware the procedures to follow in the event of an emergency
- at least one educator or the nominated supervisor attending the excursion, must hold current ACECQA approved First Aid qualification, CPR qualification, approved emergency Asthma management and approved anaphylaxis management training
- if children remain at the Service and are not participating in the excursion, that at least one
  educator or the nominated supervisor at the Service holds current ACECQA approved first aid
  qualification, CPR qualification, approved emergency asthma management and approved
  anaphylaxis management training
- a supervision plan is completed as part of excursion preparation
- educators continue to follow National Regulations and Service policies and procedures whilst participating in the excursion away from the Service.

# PARENT AND VOLUNTEER PARTICIPATION

The Approved Provider/Nominated Supervisor will ensure parents and volunteers:

- are encouraged/invited to participate in excursions when possible
- cannot be counted as part of the educator to child ratio
- cannot be left alone with a child/children and must be supervised by an educator at all times
- are briefed prior to participating on an excursion about the risk assessment, emergency procedures, supervision, photograph policy for privacy and confidentiality and use of mobile phone
- are aware that smoking or vaping is not permitted at any time whilst participating in the excursion
- are aware of need to wear appropriate clothing and footwear
- understand they are to follow the directions of the excursion coordinator as required
- alert the excursion coordinator or staff if they notice a child is missing or unaccounted for or appears unwell



 Working with Children Checks/Clearances are verified for parent and volunteers prior to participating in excursions (best practice).

## ITEMS TO BE TAKEN ON AN EXCURSION

The Approved Provider/Nominated Supervisor must ensure that the following items are taken on all excursions, as per the risk assessment:

- appropriate number of suitably equipped first aid kits
- fully charged and operating mobile phone
- emergency contact information details for all children participating on the excursion
- medication for children requiring medical and relevant medical management plans
- items required for excursion circumstances- such as sunscreen, hats, other equipment
- child attendance record

## TRANSPORTATION FOR EXCURSION

Excursions involving transportation must adhere to the *Safe Transportation Policy* including ensuring a risk assessment has been completed prior to children being transported by the service and authorisation for the service to transport children as part of the excursion. It is a requirement of the National Regulation that the means of transport is stated on the risk assessment record and parent authorisation record. Information must be included in the risk assessment about the process for embarking and disembarking the means of transport, including how each child is to be accounted for.

The *means of transport* may mean:

# Walking

Educators must ensure children and adults use the safest footpaths and safe crossings where possible, such as pedestrian crossings and traffic lights

Educators will ensure all children and adults obey road rules

Educators will ensure children follow the 'stop, look, listen and think' process when walking near roads

Educators will remain vigilant that no child runs ahead or lags behind the group

## O Bus

the Nominated Supervisor must ensure that the seating capacity as displayed on the compliance registration is not exceeded. All children must sit on seats, preferably with, or close to an adult. Any requirements for seat belts or safety restraints under law must be followed depending on the vehicle used. If the bus has seat belts, they must be worn at all times.



#### Train

the Nominated Supervisor will be required to contact the local station prior to the excursion to inform them of the time you will be travelling, the destination, and the number of children and adults who will be travelling.

Provisions should be made to ensure children have ample time to board the train safely and in an unhurried way. This will allow the station to inform the train guard so that they can hold the train for the period of time for safe boarding and disembarkment. All children should be seated at all times, with an adult close by. All children should be seated in the one carriage if possibleand not in a Quiet Carriage.

### Car

Any motor vehicle that is used to transport children on an excursion (other than a motor vehicle seating more than nine persons) must be fitted with child restraints and/or seatbelts that are appropriate for the age and weight of each child, that conform to the Australian Standards, and are professionally installed or checked by an authorised restraint fitter.

The vehicle must be registered and free of any defects that could put any passenger at harm.

All children must be fastened in the vehicle according to National Child Restraint Laws for Vehicles (below). The educator or staff member driving the vehicle must hold a current Australian driver's licence appropriate for the vehicle type. The process for entering and exiting the Service premises safely must be considered at all times.

# **EXTRA-CURRICULAR ACTIVITIES**

Our OSHC Service will support children to participate in extra-curricular activities that may be organised within school grounds during OSHC operating hours. Communication between families and the school or the extra-curricular activity organisation (e.g., third party music teacher/provider) is paramount to the support provided to children to participate in the activity, Families are to make arrangements between the extra-curricular organisation/coordinator regarding attendance for their child. Examples of extra-curricular activities include music lessons, dance classes, team sports, drama classes or chess club. Families are required to complete the *Activity Release Consent Form* and are responsible for informing the OSHC Service of any changes to attendance at extra-curricular activities.

Children attending extra-curricular activities will be signed out of the attendance record by OSHC educators and signed back into the OSHC Service upon return.

A Risk Assessment will be completed for all extra-curricular activities that children attend during OSHC operating hours. The Risk Assessment will include the following information:



- details of the extra-curricular activity
- date and time of extra-curricular activity
- location and duration of extra-curricular activity
- reason for extra-curricular activity
- name and contact details of extra-curricular coordinator

Children will not be able to participate in extra-curricular activities unless prior written authorisation for the child to leave the OSHC Service has been obtained by the family.

# **INSURANCE**

Management must review their insurance policy of the vehicle prior to the excursion/incursion to ensure liability is protected by the OSHC Service. A copy of the insurance policy should be kept within the service's vehicle at all times. Note: Some insurance policies may not cover high-risk activities such as merry-go-rounds, air-filled jumping castles, water slides and pony rides.

## CHECKING FOR CHILDREN'S SAFETY

During the excursion Educators will ensure:

- children's attendance records are taken on excursions
- all children are accounted for when embarking/disembarking the car/vehicle or bus
- children's names are marked off as they enter and leave the vehicle including time and date
- a thorough check is made of the vehicle to ensure no child is left in the vehicle (a second person should repeat this check for safety)
- the vehicle is parked to avoid other vehicles, driveways or car parks
- the vehicle is parked as close as possible to the OSHC premises or visiting venue
- children only disembark the vehicle when it is safe to do so
- head counts are conducted regularly whilst on the excursion
- bathrooms and toilets are checked for any potential hazard before children enter, and children are escorted to the bathrooms and supervised
- transitions between venue areas are carefully considered, with head counts conducted prior to moving between areas of the venue
- medication is administered to children as per Administration of Medication Record
- children remain in the care and supervision of educators from the Service during the excursion. If a
  parent or authorised guardian collects the child whilst on an excursion the Delivery of Children to
  and Collection from EEC Service Premises Policy and procedures must be followed.



## CHILD BECOMES ILL WHILST ON EXCURSION- EDUCATORS WILL:

- assess the child's illness and follow the Incident, Injury, Trauma and Illness procedure, including contacting an ambulance if required
- keep the child calm and comfortable
- if a child has an individual Medical Management Plan for their symptoms displayed, follow the directions and administer medication if applicable and notify parents/guardians
- use the supplies in the excursions first aid kit to assist in applying first aid to child
- seek medical assistance, including ambulance transport, medication if required (as per child's excursion authorisation form)
- contact the child's parents/guardian as soon as possible, no later than 24 hours after the
   incident
- contact the nominated supervisor at the Service for further direction if required
- ensure ratios are maintained for supervision
- complete an Incident, Injury, Trauma and Illness Record
- notify the Regulatory Authority of any serious incident of a child while being educated and cared for at the service within 24 hours

# LOST CHILD DURING AN EXCURSION/ EXTRA-CURRICULAR ACTIVITY

In the event of a child being unaccounted for during an excursion or following an extra-curricular activity, educators will immediately:

- inform another educator and provide supervision for groups
- conduct a head count
- ask children/parent helpers/other educators if they have seen the missing child
- check with the extra-curricular activity coordinator if they aware of the missing child's location
- search the premises
- check organised meeting points (use mobile phone to contact other educators)
- alert the venue management and request that an announcement is made
- if the child is still unaccounted for after checking as above, the nominated supervisor or excursion coordinator will contact the Police on 000 and report the incident
- the nominated supervisor will contact parents/guardian and school principal
- educators will reassure other children and provide supervision
- the Approved Provider must make a notification to the Regulatory Authority within 24 hours of a serious incident



### EMERGENCY MANAGEMENT DURING AN EXCURSION

During the planning of the excursion, the excursion coordinator will conduct a risk assessment to identify

any potential emergencies that may occur. The excursion coordinator will check whether the venue has appropriate emergency procedures in place and incorporate this information into the excursion risk assessment. In the event of an emergency occurring while educators and children are participating in the excursion, staff will follow the emergency evacuation procedure or lockdown procedure as required.

The excursion coordinator will contact the nominated supervisor or the responsible person immediately and follow instructions provided by emergency services. Families will be informed as soon as practicable, but no later than 24 hours after the emergency event. Families may be required to collect children from the excursion venue; educators will contact parents/guardians or emergency contacts if required. The approved provider will notify the regulatory authority of any serious incident involving a child while being educated and cared for at the Service within 24 hours. The approved provider will complete a review following the emergency incident, including an assessment of areas of improvement.

# CONTINUOUS IMPROVEMENT/REFLECTION

Our Excursion/Incursion/Extra Curricular Activities Policy will be reviewed on an annual basis in consultation with children, families, staff, educators and management.

# CHILDCARE CENTRE DESKTOP - RELATED RESOURCES

Excursion/Incursion Authorisation	Excursion/Incursion Procedure	
Excursion/Incursion Plan and Checklist	Excursion/Incursion Risk Assessment	

## **SOURCES**

Australian Children's Education & Care Quality Authority. (2025). <u>Guide to the National Quality Framework</u>
Australian Children's Education & Care Quality Authority (ACECQA). 2021. <u>Policy and Procedure Guidelines.</u>
<u>Excursion Guidelines.</u>

Australian Government Department of Education. (2022). <u>Belonging, Being and Becoming: The Early Years Learning</u> Framework for Australia. V2.0.

Education and Care Services National Law Act 2010. (Amended 2023).

Education and Care Services National Regulations. (Amended 2023)

Kidsafe Victoria Road Safety <a href="https://www.kidsafevic.com.au/road-safety/">https://www.kidsafevic.com.au/road-safety/</a>

Kids and Traffic Early Childhood Road Safety Education Program (NSW) <u>Transporting Children Safely</u> NSW Government Centre for Road Safety. (2024):

https://roadsafety.transport.nsw.gov.au/stayingsafe/children/childcarseats/index.html

Road Transport (Safety & Traffic Management) Act 1999.

Victoria State Government Education and Training Early Childhood Professionals

Western Australian Legislation Education and Care Services National Law (WA) Act 2012

Western Australian Legislation Education and Care Services National Regulations (WA) Act 2012



# **REVIEW**

POLICY REVIEWED BY	ANGELA STEVENS	BUSINESS MANAGER	21/5/2025 & 9/9/2025
POLICY REVIEWED	MAY /AUGUST 2025	NEXT REVIEW DATE	MAY 2026
VERSION NUMBER	SION NUMBER V12.08.25		
MODIFICATIONS	<ul> <li>AUGUST</li> <li>Resources reviewed and updated</li> <li>Policy reviewed incorporating ACECQA Policy guidelines</li> <li>Removed National Child Restraints Laws for vehicle section- moved into Safe Transportation Policy</li> <li>Reference to Safe Use of Digital technologies and Online Environment Policy added MAY</li> <li>annual policy maintenance</li> <li>moved requirements of risk assessment under heading-Excursion/Incursion risk assessment</li> <li>sources checked for currency and updated as required</li> </ul>		
POLICY REVIEWED	PREVIOUS MODIFICATIONS		NEXT REVIEW DATE
MAY 2024	<ul> <li>annual policy maintenance</li> <li>additional section added re: Child becomes ill whilst on an excursion</li> <li>WA specific law added</li> <li>sources checked for currency and updated as required</li> </ul>		MAY 2025