

CROYDON HILLS P.S. CANTEEN MENU

Effective July 2009

Please write your child's name, class and lunch order on a paper bag, place money securely inside the bag (no staples or sticky tape). Change will be taped to the lunch bag.

Please include an extra 10c if you do not have a lunch bag and we will provide one for you.

Lunch bags are available from the canteen in bundles of 25 for \$2.00.

Please note that TOMATO SAUCE portions cost 20c each.

HEALTHIER OPTIONS

SANDWICHES & ROLLS

~ wholemeal bread or white rolls ~

Buttered.....	\$1.00
Cheese.....	\$1.60
Cheese & Tomato.....	\$2.00
Cheese & Vegemite.....	\$2.00
Egg.....	\$2.00
Egg & Lettuce.....	\$2.40
Ham.....	\$1.80
Ham & Cheese.....	\$2.20
Ham, Cheese & Tomato.....	\$2.60
Ham & Salad.....	\$3.60
Roast Chicken.....	\$2.20
Roast Chicken, Lettuce & Mayo.....	\$3.00
Salad.....	\$3.00
Vegemite.....	\$1.60
Salad = Lettuce, Tomato, Carrot, Cheese Beetroot & Cucumber.	

~ salad extra's 40c each ~



WRAPS

Tasty Tuna.....	\$3.50
-Tuna, Lettuce, Tomato & Mayo.	
Tropical Treat.....	\$3.50
-Roast Chicken, Lett, Pineapple & Mayo.	
Healthy Ham & Salad.....	\$3.60
-Ham, Lettuce, Tomato, Carrot, Beetroot & Cucumber.	

TOASTED SANDWICHES

Baked Beans or Spaghetti.....	\$1.90
Cheese.....	\$1.70
Cheese & Tomato.....	\$2.10
Ham.....	\$1.90
Ham & Cheese.....	\$2.30
Ham, Cheese & Pineapple.....	\$2.70
Ham, Cheese & Tomato.....	\$2.70
Roast Chicken, Cheese & Pineapple.....	\$3.10

SALADS

Salad Pack.....	\$4.00
Ham, Chicken or Tuna with Lett, Cheese, Tomato, Cucumber, Carrot & Beetroot.	
Caesar Salad.....	\$4.00
Lettuce, Tomato, Bacon, Egg, Croutons & Parmesan Cheese.	
Chicken Caesar Salad.....	\$5.00
with Roast Chicken pieces.	



HOT FOOD

Baked Potato - cheese, s/cream & coleslaw.....	\$3.00
Cannelloni - Spinach & Ricotta.....	\$2.80
Chicken Nuggets (5 in a bag).....	\$2.20
Chicken Sub - Sweet Chilli Chick. Strips with lettuce & tomato in a roll.....	\$4.20
Corn on the Cob.....	\$0.90
Dim Sim (steamed).....	\$0.60
Hot Dog.....	\$1.80
Hot Dog with Cheese.....	\$2.00
Lasagna.....	\$3.00
Meat Pie.....	\$2.60
Mini DimSims (5) on a skewer.....	\$2.00
Party Pie.....	\$0.80
Pizza - Ham & Pineapple.....	\$1.80
Party Sausage Roll (Homemade)..	\$0.80
Potato Top Pie.....	\$2.60
Yummy Drummy Chicken Roll with Cheese, Lettuce & Mayo.....	\$3.20



DRINKS

100% Fruit Juice - Apple or Orange.....	\$1.30
Nippy's Iced - Choc. or Straw.....	\$1.50
Quench Min. Water - Orange, Cola or Apple/Raspberry.....	\$1.30
Bottled Water.....	\$1.00
LOL (Carbonated Fruit Juice).....	\$1.70

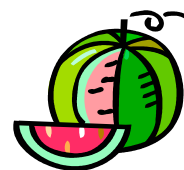
HEALTHY CHOICE SNACKS

Apple Slinky.....	\$1.00
Apple from home, made into a Slinky Apple.....	\$0.20
Banana or Orange.....	\$1.00
Boiled Egg.....	\$0.60
Carrot Sticks.....	\$0.50
Celery Sticks.....	\$0.50
Cheese Wedge.....	\$0.50
Fru-bears - Apple or Apricot.....	\$0.10
Go-cookie.....	\$0.70
School Straps.....	\$0.70



HEALTHY FROZEN TREATS

Frozen Banana on a stick.....	\$0.50
Frozen Fruit Kebab (seasonal).....	\$0.50
Frozen Grapes (seasonal).....	\$0.50
Frozen Juice Cups (100% Juice)....	\$0.70
Frozen Pineapple Rings.....	\$0.50
Fruit Slushy.....	\$1.50
Go-Gurt (frozen yoghurt tube).....	\$1.00
Icypole (100% Juice).....	\$0.50
Moosie (frozen flavoured milk)	\$1.00
Yoghurt on a stick.....	\$0.90



SNACK ITEMS

Buttered Popcorn.....	\$0.80
Corntos Cheese.....	\$0.70
Chips - Plain or Honey Soy.....	\$0.80
Gingerbread.....	\$1.20
J.J's Chicken snacks.....	\$0.90
Potato Stix - Chicken.....	\$0.70
Rice Wheels - Cheese.....	\$0.70
Vegechips - Natural or BBQ.....	\$0.90

If your child has special dietary requirements please feel free to contact me and discuss any concerns.

Karen Cyster - Canteen Manager 9725 1206